

FALL / WINTER 2022

WEEK ONE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	<ul style="list-style-type: none"> — Cereal of choice — Egg of choice — Bacon / Sausage — Toast (butter/jelly) 	<ul style="list-style-type: none"> — Cereal of choice — Pancakes w/ syrup — Bacon / Sausage — Toast (butter/jelly) 	<ul style="list-style-type: none"> — Cereal of choice — Sausage gravy w/ biscuit — Hashbrown patty — Bacon / Sausage 	<ul style="list-style-type: none"> — Cereal of choice — Confetti scrambled eggs — Bacon / Sausage — Toast (butter/jelly) 	<ul style="list-style-type: none"> — Cereal of choice — Egg of choice — Bacon / Sausage — Potatoes O'Brien — Honey bun coffee cake 	<ul style="list-style-type: none"> — Cereal of choice — French toast w/ syrup — Egg of choice — Bacon / Sausage — Fresh tomato slices 	<ul style="list-style-type: none"> — Cereal of choice — Egg of choice — Bacon / Sausage — Toast (butter/jelly) — Bananas
LUNCH	<ul style="list-style-type: none"> — Pot Roast — Onion Roasted Potatoes — Glazed Carrots — Dinner Roll w/ butter 	<ul style="list-style-type: none"> — Egg salad on croissant, lettuce & tomato on side — Potato Chips — Jumbo Pickle — Broccoli & Raisin Salad — Apricot Jello 	<ul style="list-style-type: none"> — Beer Battered Tilapia w/ cheese on a Brioche Bun, Tartar Sauce — Side of lettuce & tomato — Sweet Potato Fries — Harvard Beets 	<ul style="list-style-type: none"> — Baked Ham w/ Pineapple Glaze — Sour Cream & Chive Mashed Potatoes — Sunshine Carrots — Peaches 	<ul style="list-style-type: none"> — Salisbury Steak & Gravy — Roasted Asparagus — Mashed Sweet Potatoes — Fruit Cocktail 	<ul style="list-style-type: none"> — Coney Dog on Bun — Wedge Fries — Creamy Cole Slaw — Apricots 	<ul style="list-style-type: none"> — Spaghetti & Meatsauce — Cauliflower & Cheese Sauce — Garlic Breadstick — Fresh Blueberries & whip cream
DINNER	<ul style="list-style-type: none"> — Chili, shredded cheese, diced onions, crackers — Tossed Salad w/ dressing — Corn Muffin — Pineapples 	<ul style="list-style-type: none"> — Honey Chicken — Parslied Potatoes — Seasoned Broccoli (lemon wedge) 	<ul style="list-style-type: none"> — Chicken Alfredo over Pasta — Sautéed squash, julienne red peppers & onions 	<ul style="list-style-type: none"> — Beef Lasagna — Caesar Salad, croutons — Garlic Bread or breadstick 	<ul style="list-style-type: none"> — Swedish Meatballs — Buttered Egg Noodles — Sautéed Green Beans — Garlic Breadstick 	<ul style="list-style-type: none"> — Salmon (lemon wedge) — Parmesan Rice — Green Beans w/ sautéed mushrooms — Dinner roll w/ butter 	<ul style="list-style-type: none"> — Breaded Tenderloin on Hawaiian Bun, pickle chips, honey mustard, mayo — Macaroni & Cheese — Buttered Fresh Carrots
SOUP	<ul style="list-style-type: none"> — French Onion 	<ul style="list-style-type: none"> — Tomato 	<ul style="list-style-type: none"> — Cream of Broccoli 	<ul style="list-style-type: none"> — Chef's choice 	<ul style="list-style-type: none"> — Italian Pasta 	<ul style="list-style-type: none"> — Chef's Choice 	<ul style="list-style-type: none"> — Vegetable Beef
DESSERTS	<ul style="list-style-type: none"> — Lemon Tartlet w/ whip cream — Ice Cream 	<ul style="list-style-type: none"> — Strawberry Rhubarb Pie — Ice Cream 	<ul style="list-style-type: none"> — Bread Pudding — Ice Cream 	<ul style="list-style-type: none"> — Peanut Butter Brownie — Cookies — Ice Cream 	<ul style="list-style-type: none"> — Frosted Banana Cake — Ice Cream 	<ul style="list-style-type: none"> — Blueberry Pie — Ice Cream 	<ul style="list-style-type: none"> — Turtle Square w/ Carmel Sauce

FALL / WINTER 2022

WEEK TWO

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	<ul style="list-style-type: none"> — Cereal of choice — Eggs cooked to order — Bacon / Sausage — Streusel Coffee Cake 	<ul style="list-style-type: none"> — Cereal of choice — Blueberry Pancakes w/ Syrup — Bacon / Sausage — Toast (jelly) 	<ul style="list-style-type: none"> — Cereal of choice — Eggs cooked to order — Banana — Bacon / Sausage — Toasted Bagel & Cream cheese 	<ul style="list-style-type: none"> — Cereal of choice — Eggs cooked to order — French Toast w/ syrup — Bacon / Sausage 	<ul style="list-style-type: none"> — Cereal of choice — Eggs cooked to order — Corned Beef Hash — Bacon / Sausage — Toast w/ jelly 	<ul style="list-style-type: none"> — Cereal of choice — Biscuit & Sausage Gravy — Hashbrown Patty — Fresh Tomato Slices 	<ul style="list-style-type: none"> — Cereal of choice — Cheesy Eggs — Bacon or Sausage — Toast (butter/jelly)
LUNCH	<ul style="list-style-type: none"> — BBQ Shredded Pork on Brioche Bun, BBQ sauce — Baked Beans — Potato Salad — Pears 	<ul style="list-style-type: none"> — Corned Beef — Braised Cabbage — Roasted Yukon Gold Potatoes — Pineapples 	<ul style="list-style-type: none"> — Veal Parmesan w/ melted Provolone Cheese, marinara sauce — Fresh Sauteed spinach — Three Bean Salad 	<ul style="list-style-type: none"> — Sweet & Sour Meatballs over Fried Rice — Pork Egg Roll — Green Beans & Mushrooms 	<ul style="list-style-type: none"> — Meat & Veggie Lover's Pizza — Italian Tossed Salad — Fresh Strawberries w/ whipped cream — Breadstick 	<ul style="list-style-type: none"> — Italian Sausage Peppers & onions — Parmesan Noodles — Creamy Cucumbers — Apricots 	<ul style="list-style-type: none"> — BBQ Rib on Bun, BBQ sauce, sliced pickles and onions — Fiesta Corn — Mandarin Oranges
DINNER	<ul style="list-style-type: none"> — Roast Beef Manhattan — Lima Beans — Berry Muffin 	<ul style="list-style-type: none"> — Fried Chicken — Sunshine Carrots — Baked Potato w/ butter, sour cream 	<ul style="list-style-type: none"> — Homemade Meatloaf — Mashed Potatoes & Gravy — Brussel Sprouts w/ bacon and onions 	<ul style="list-style-type: none"> — Baked Herbed Chicken Breast — Cornbread stuffing — Honey Glazed Carrots 	<ul style="list-style-type: none"> — Roast Beef au Jus — Parmesan Rice — Broccoli & Cheese Sauce — Dinner Roll w/ butter 	<ul style="list-style-type: none"> — Breaded Catfish Filet Lemon wedge, Tartar sauce — Macaroni & Cheese — Roasted Root Vegetables 	<ul style="list-style-type: none"> — Swiss Style Steak Sautéed Red Peppers & Onions — Scalloped Potatoes — Green Beans
SOUP	<ul style="list-style-type: none"> — French Onion 	<ul style="list-style-type: none"> — Cream of Potato 	<ul style="list-style-type: none"> — Chef's Choice 	<ul style="list-style-type: none"> — Cream of Broccoli 	<ul style="list-style-type: none"> — Chef's choice 	<ul style="list-style-type: none"> — Chicken & Dumpling 	<ul style="list-style-type: none"> — Wisconsin Cheese
DESSERTS	<ul style="list-style-type: none"> — Chocolate Tartlet — Ice Cream 	<ul style="list-style-type: none"> — Lemon Cream Pie — Ice Cream 	<ul style="list-style-type: none"> — Strawberry Upside-Down Cake — Ice Cream 	<ul style="list-style-type: none"> — Pumpkin Spice Delight — Ice Cream 	<ul style="list-style-type: none"> — Black Forest Cake — Ice Cream 	<ul style="list-style-type: none"> — Cheesecake, fruit drizzle — Ice Cream 	<ul style="list-style-type: none"> — Jello Cake — Ice Cream

FALL / WINTER 2022

WEEK THREE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	<ul style="list-style-type: none"> — Cereal of choice — Eggs cooked to order — Bacon or Sausage — Toast (butter/jelly) 	<ul style="list-style-type: none"> — Cereal of choice — Eggs cooked to order — Bacon or Sausage — Potatoes O'Brien — Jelly Muffin 	<ul style="list-style-type: none"> — Cereal of choice — Eggs cooked to order — Pancakes w/ syrup — Bacon or Sausage 	<ul style="list-style-type: none"> — Cereal of choice — Hashbrown Patty — Sausage Gravy & Biscuits — Bacon or Sausage 	<ul style="list-style-type: none"> — Cereal of choice — Breakfast Casserole — Bacon or Sausage — Toast (butter/jelly) 	<ul style="list-style-type: none"> — Cereal of choice — Cheesy Eggs — Bacon or Sausage — Toast (butter/jelly) 	<ul style="list-style-type: none"> — Cereal of choice — Eggs cooked to order — Bacon or Sausage — Toast (butter/jelly)
LUNCH	<ul style="list-style-type: none"> — Apple Roasted Pork Loin — Mashed Potatoes & Gravy — Collard Greens — Peaches 	<ul style="list-style-type: none"> — French Dip Sandwich melted Swiss — Wedge Fries — Kidney Bean Salad — Fresh Blueberries, whip cream 	<ul style="list-style-type: none"> — Crab Cakes on a bed of lettuce, side of Remoulade sauce — Potato Salad — Cup of cottage cheese 	<ul style="list-style-type: none"> — Corned Beef — Braised Cabbage — Red Bliss Potatoes — Apricots 	<ul style="list-style-type: none"> — Beef Lasagna — Caesar Salad w/ croutons — Garlic Breadstick — Pears 	<ul style="list-style-type: none"> — Spaghetti & Meatballs w/ Meat Sauce — Italian Tossed Salad — Garlic Bread — Pineapples & Cherries 	<ul style="list-style-type: none"> — Swiss style steak & gravy, sauteed red peppers & onions — Scalloped Potatoes — Green Beans — Mandarin Oranges
DINNER	<ul style="list-style-type: none"> — Philly Beef & melted cheese on Hoagie Roll w/ grilled peppers & onions — Wedge Fries — Creamy Cucumbers 	<ul style="list-style-type: none"> — Baked Chicken Leg — Sunshine Carrots — Yellow Rice 	<ul style="list-style-type: none"> — Homemade Meatloaf & Gravy — Stuffing (dressing) — Green Bean Casserole 	<ul style="list-style-type: none"> — Blackberry Dijon Pork Roast — Baked Sweet Potato, cinnamon, brown sugar — Sautéed Spinach 	<ul style="list-style-type: none"> — Ham & Swiss Casserole — Brussels sprouts w/ bacon & onions — Dinner roll (butter) 	<ul style="list-style-type: none"> — Shrimp Scampi over Pasta — Roasted Root — Vegetable Blend Garlic Bread 	<ul style="list-style-type: none"> — Country Fried Steak — Mushroom gravy — Mashed Potatoes — Steamed Broccoli
SOUP	<ul style="list-style-type: none"> — Chicken & Dumpling 	<ul style="list-style-type: none"> — Minestrone 	<ul style="list-style-type: none"> — Chef's Choice 	<ul style="list-style-type: none"> — Chef's choice 	<ul style="list-style-type: none"> — Chicken 	<ul style="list-style-type: none"> — Tomato 	<ul style="list-style-type: none"> — Wisconsin Cheese
DESSERTS	<ul style="list-style-type: none"> — Butterscotch Brownie Parfait — Ice Cream 	<ul style="list-style-type: none"> — Chocolate Cheesecake Bar — Ice Cream 	<ul style="list-style-type: none"> — Cherry Crisp — Ice Cream 	<ul style="list-style-type: none"> — Southern Pecan Pie — Ice Cream 	<ul style="list-style-type: none"> — Chocolate Cake Whipped topping — Ice Cream 	<ul style="list-style-type: none"> — Mini Layer Red Velvet — Ice Cream 	<ul style="list-style-type: none"> — Strawberry Shortcake — Ice Cream

FALL / WINTER 2022

WEEK FOUR

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	<ul style="list-style-type: none"> — Cereal of choice — Eggs cooked to order — Bacon or Sausage — Toast/butter/jelly 	<ul style="list-style-type: none"> — Cereal of choice — Blueberry Pancakes w/ syrup — Eggs cooked to order — Bacon or Sausage 	<ul style="list-style-type: none"> — Cereal of choice — Sausage Gravy & Biscuit — Hashbrown Patty 	<ul style="list-style-type: none"> — Cereal of choice — Confetti Scrambled Eggs — Bacon or Sausage — Cinnamon Roll 	<ul style="list-style-type: none"> — Cereal of choice — French Toast — Bacon or Sausage — Toast/jelly/butter — Banana 	<ul style="list-style-type: none"> — Cereal of choice — Cheesy Eggs — Toasted Bagel, Cream Cheese — Bacon or Sausage 	<ul style="list-style-type: none"> — Cereal of choice — Eggs cooked to order — Bacon or Sausage — Toast/jelly/butter
LUNCH	<ul style="list-style-type: none"> — BBQ Baked Chicken — Onion Roasted Potatoes — Cauliflower w/ Cheese Sauce — Spiced Peaches 	<ul style="list-style-type: none"> — Sausage Pizza — Caesar Salad — Pears — Breadstick 	<ul style="list-style-type: none"> — Tuna Casserole — Tossed Salad/dressing — Fruited Berry Jello — Dinner Roll w/ butter 	<ul style="list-style-type: none"> — Sloppy Joe on Bun — Roasted Potato Wedges — Creamy Cole Slaw — Apricots 	<ul style="list-style-type: none"> — Chicken Patty, Brioche Bun, Honey Mustard, lettuce, tomato, red onion on side — Wedge Fries — Oranges 	<ul style="list-style-type: none"> — Beef Enchiladas — Sour Cream & Salsa — Mixed Vegetables — Taco Chips — Fresh blueberries w/ whip cream 	<ul style="list-style-type: none"> — Roast Beef Manhattan — Brown Gravy — Peas & Onions — Dinner Roll w/ butter — Peaches
DINNER	<ul style="list-style-type: none"> — Philly Beef & melted cheese on Hoagie Roll w/ grilled peppers & onions — Wedge fries — Creamy Cucumbers 	<ul style="list-style-type: none"> — Baked Chicken Leg — Sunshine Carrots — Yellow Rice 	<ul style="list-style-type: none"> — Homemade Meatloaf & Gravy — Stuffing (dressing) — Green Bean Casserole 	<ul style="list-style-type: none"> — Blackberry Dijon Pork Roast — Baked Sweet Potato, cinnamon, brown sugar — Sautéed Spinach 	<ul style="list-style-type: none"> — Ham & Swiss Casserole — Brussels sprouts w/ bacon & onions — Steamed Cauliflower — Dinner roll/ butter 	<ul style="list-style-type: none"> — Shrimp Scampi over Pasta — Roasted Root — Vegetable Blend — Garlic Bread 	<ul style="list-style-type: none"> — Country Fried Steak — Mushroom gravy — Mashed Potatoes — Steamed Broccoli
SOUP	<ul style="list-style-type: none"> — Chicken & Dumpling 	<ul style="list-style-type: none"> — Minestrone 	<ul style="list-style-type: none"> — Chef's Choice 	<ul style="list-style-type: none"> — Chef's Choice 	<ul style="list-style-type: none"> — Chicken 	<ul style="list-style-type: none"> — Tomato 	<ul style="list-style-type: none"> — Wisconsin Cheese
DESSERTS	<ul style="list-style-type: none"> — Butterscotch Brownie Parfait — Ice Cream 	<ul style="list-style-type: none"> — Chocolate Cheesecake Bar — Ice Cream 	<ul style="list-style-type: none"> — Cherry Crisp — Ice Cream 	<ul style="list-style-type: none"> — Southern Pecan Pie — Ice Cream 	<ul style="list-style-type: none"> — Chocolate Cake Whipped Topping — Ice Cream 	<ul style="list-style-type: none"> — Mini Layer Red Velvet — Ice Cream 	<ul style="list-style-type: none"> — Strawberry Shortcake — Ice Cream