

SAMPLE MENU
ORCHARD CAFÉ

BREAKFAST

Choice of Bread: Bagels, English Muffin, White, or Wheat Toast

EGGS

Fried, Poached, Hard-Boiled,
Scrambled, and Soft-Boiled

OMELETS

American-style, French-style,
Frittata, and Soufflé

GRITS

Original, Butter, Cheddar
Cheese, and Country Bacon

OATMEAL

Original, Apple, Raisin,
and Cinnamon and Spice

PANCAKES

Buttermilk Pancakes w/
Whipped Butter, and Maple Syrup

YOGURT

Original, Strawberry, Blueberry,
and Honey

BACON

SAUSAGE PATTY

SOUPS, SALADS & COLD PLATES

Choice of Dressing: Buttermilk Ranch, Balsamic, Italian, Blue Cheese, French, Thousand Island

CAESAR SALAD

Romaine lettuce, Shaved Parmesan, Croutons,
Caesar Dressing (add Chicken)

CHEF SALAD

Lettuce Medley, Ham, Turkey, Cheddar Cheese,
Boiled Eggs, Baby Tomato, Bacon

HUMMUS PLATE

Traditional Hummus, Olive Oil, Pita,
and Raw Vegetables

COTTAGE CHEESE PLATE

Cottage Cheese, Melon, Pineapple
and Grapes

HOT SOUP

Ask your server for Today's selection



CONTINENTAL
SENIOR COMMUNITIES

SAMPLE MENU

ORCHARD CAFÉ

SANDWICHES

*Sandwiches come w/ a side of potato chips and pickle unless otherwise requested.
Optional Sides: French Fries, Kettle Chips, Side Salad, Fresh Seasonal Fruit*

THE BLOSSOM BURGER

Seasoned Hamburger topped w/ American Cheese, Lettuce, Tomato, and Onion. (Additional Toppings: Cheddar Cheese, Swiss Cheese, Bacon, Ketchup, Mayonnaise, Mustard)

GRILLED CHICKEN COBB WRAP

Grilled Chicken, Avocado, Bacon, Lettuce, Tomatoes, Red Onion, Honey Mustard, in a hand wrapped Tortilla

TURKEY B.L.T.

Turkey, Bacon, Lettuce, Tomato, Swiss Herb Aioli on your choice of Bread

TUNA SALAD SANDWICH

House made Tuna Salad, Lettuce, Tomato, on your choice of Bread

DINNER ENTRÉES

Entrées available after 4:30pm

GNOCCI BOLOGNESE

Soft Dough Dumplings, Meat Sauce, Shaved Parmesan

BBQ CHICKEN BREAST

BBQ Glazed Chicken Breast, Cheddar Mashed Potatoes, Green Beans w/ Bacon Dressing

PARMESAN CRUSTED TILAPIA

Cranberry Almond Rice, Steamed Broccoli

CHICKEN QUESADILLA

Grilled Chicken, Cheddar Cheese, Onion and Pepper mix, Sour Cream, Salsa